



HELP PROTECT YOURSELF IF YOU SMOKE

Important Information on Adult Vaccination for Pneumococcal Pneumonia

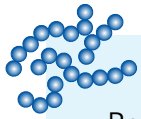
Why am I at risk for pneumococcal pneumonia?

You are at greater risk for pneumococcal pneumonia if you smoke cigarettes, compared to healthy adults in the same age range

6.0x if you are 18 to 49

6.7x if you are 50+

5.6x if you are 65+



What is pneumococcal pneumonia?

Pneumococcal pneumonia is a potentially serious lung disease caused by bacteria. It can

- Strike any time of year, anywhere
- Make it hard to breathe
- Land you in the hospital in serious cases, or even be life-threatening

How can I help protect myself?

Getting vaccinated is one of the best ways to help protect yourself! That's because getting a pneumococcal vaccine helps the immune system produce antibodies that help protect against certain pneumococcal bacteria that can cause disease.



Your doctor can provide information on the latest recommendations for pneumococcal pneumonia vaccination for adult smokers.



What if I got a pneumococcal pneumonia shot already?

Even if you already received a pneumonia vaccine in the past, a different vaccine may be recommended.

Talk to Your Doctor to Schedule Your Pneumococcal Vaccine Today!

Scheduled Visit Date: _____ Time: _____

Vaccine: _____

Notes: _____



Scan the QR code for
more information or visit
www.KnowPneumonia.com

KNOW PNEUMONIA



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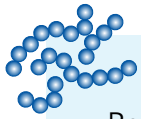
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