Is it flu or is it COVID-19?

- Flu and COVID-19 symptoms often overlap
- Only testing can distinguish between flu and COVID-19 virus infections or coinfection

	Shared symptoms of flu and COVID-19*	
	Flu	COVID-19
Fever or feeling feverish/having chills	\bigcirc	\bigcirc
Cough	\bigcirc	\bigcirc
Sore throat	\bigcirc	\bigcirc
Runny or stuffy nose	\bigcirc	\bigcirc
Muscle pain or body aches	\bigcirc	\bigcirc
Headache	\bigcirc	\bigcirc
Fatigue	\bigcirc	\bigcirc
Vomiting	\bigcirc	\bigcirc
Diarrhea [†]	\bigcirc	\bigcirc
Shortness of breath or difficulty breathing	\bigcirc	\bigcirc

When experiencing symptoms, testing for COVID-19 and flu at home can help you decide on your next steps, including seeking timely care or treatment if appropriate.



^{*}Both COVID-19 and flu can present with varying degrees of symptom severity. This is not an all-inclusive list of possible symptoms, and symptoms may change with new COVID-19 variants and can vary by person.

†Diarrhea is more common in children than adults with flu but can occur at any age in individuals with COVID-19.

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