



HELP PROTECT YOURSELF WHEN YOU HAVE DIABETES

Important Information on Adult Vaccination for Pneumococcal Pneumonia

Why am I at risk for pneumococcal pneumonia?

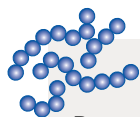
You are at greater risk for pneumococcal pneumonia if you have diabetes*

4.7x if you are 18 to 49

4.4x if you are 50+

3.3x if you are 65+

*Compared to healthy adults in the same age range



What is pneumococcal pneumonia?

Pneumococcal pneumonia is a potentially serious lung disease caused by bacteria. It can

- Strike any time of year, anywhere
- Make it hard to breathe
- Land you in the hospital in serious cases, or even be life-threatening

How can I help protect myself?

Getting vaccinated is one of the best ways to help protect yourself! That's because getting a pneumococcal vaccine helps the immune system produce antibodies that help protect against certain pneumococcal bacteria that can cause disease.



Your pharmacist can provide information on the latest recommendations for pneumococcal pneumonia vaccination for adults with diabetes.



What if I got a pneumonia shot already?

Even if you already received a pneumonia vaccine in the past, a different vaccine may be recommended.

Talk to Your Pharmacy Team to Schedule Your Pneumococcal Vaccine Today!

Scheduled Visit Date: _____ Time: _____

Vaccine: _____

Notes: _____



Scan the QR code for
more information or visit
www.KnowPneumonia.com

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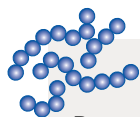
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