



# COVID-19 IS STILL A RISK:

Here's how parents can  
help protect their children  
(6 months of age and older)



Ask your child's doctor about this season's  
updated COVID-19 shots, designed to help  
protect against recent variants.<sup>1</sup>

# Families have been through a lot— but it's important to stay informed<sup>2</sup>

The world keeps changing, and so does COVID-19. The original strain of the virus (SARS-CoV-2) that caused COVID-19 continues to evolve and change.<sup>3,4</sup>

This season's COVID-19 shots have been updated. They're one of the best ways to help protect children against COVID-19. Talk to your doctor about getting your child vaccinated today.<sup>5-7</sup>



# COVID-19 shots are recommended by a health authority and leading medical associations

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## CDC

The Advisory Committee on Immunization Practices (ACIP) has added COVID-19 shots to its Child and Adolescent Immunization Schedule. The Centers for Disease Control and Prevention (CDC) recommends this immunization schedule.<sup>5</sup>

## AAP

The American Academy of Pediatrics (AAP) recommends COVID-19 vaccination for infants, children, and adolescents 6 months of age and older who do not have contraindications.<sup>8</sup>

[Click here](#) to see the CDC recommendation for COVID-19 vaccination



Ask your doctor if this season's updated COVID-19 shot is right for your child.



# We know COVID-19 can affect children

- COVID-19 is an infectious disease that can spread from person to person, including children<sup>4,9,10</sup>
- It is a viral infection, mainly transmitted by aerosols and droplets
- The original SARS-CoV-2 virus continues to change and evolve
- It can affect many organs and systems within the body, including the respiratory system
- Children with COVID-19 have reported a wide range of symptoms, from mild to severe illness
- Symptoms may appear 2-14 days after exposure to the virus and can include<sup>11\*</sup>:
  - fever or chills
  - cough
  - shortness of breath
  - difficulty breathing
  - headache
  - sore throat and more

\*This list does not include all possible symptoms. People who have underlying medical conditions like heart or lung disease, or diabetes, are at higher risk for severe illness from COVID-19.<sup>11</sup>

Ask your doctor today  
about including this season's  
updated COVID-19 shot in your  
child's vaccination plan.<sup>1,5</sup>





# And it's still out there, impacting families<sup>8</sup>

While most children experience asymptomatic or mild illness due to COVID-19, some children are at risk of developing severe illness, including hospitalization.<sup>12</sup>

- **1,716** Children younger than 18 years old had COVID-19–associated hospitalizations from January 1, 2023 to September 2, 2023 based on a surveillance study that covers ~10% of the US population.<sup>13†</sup>

**1,094** <4 years of age<sup>13‡</sup>

**622** Children 5 to 17 years of age<sup>13</sup>

- **Between January to June 2023, 54% of children under the age of 18 with COVID-19–associated hospitalization have no underlying medical conditions<sup>14</sup>**

<sup>†</sup>As reported by COVID-NET, a population-based surveillance system in 14 states. The network represents approximately 10% of the US population. COVID-NET hospitalization data are preliminary and subject to change as more data become available.<sup>15</sup>

<sup>‡</sup>Eligibility for COVID-19 vaccination starts at 6 months of age.<sup>5</sup>



# Children with underlying medical conditions are at increased risk for getting very sick from COVID-19<sup>16</sup>

Some risk factors include\*:

- Obesity
- Chronic lung disease
- Diabetes
- Sickle cell disease
- Asthma
- Being immunocompromised

According to the CDC, there is also an increased risk of getting very sick from COVID-19 in children who have medical issues; genetic, neurologic, or metabolic conditions, or congenital heart disease.

\*This list does not include all risk factors that increase the risk of getting very sick with COVID-19 and is not in order of degree or severity.

[Click here](#) to learn more about the CDC's list of risk factors



# In some children, the virus that causes COVID-19 may become Long COVID<sup>17</sup>

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- Long COVID means having symptoms that continue or develop after an initial COVID-19 infection
- Long COVID symptoms can be new or recurring, and can last for weeks, months, or years
- Although Long COVID appears to be less common in children than in adults, long-term effects can and do occur in children and adolescents<sup>17</sup>
- It's important for parents and caregivers to be vigilant, as young children may have difficulty describing the symptoms of Long COVID<sup>18</sup>
- Long COVID may impact a child's ability to participate in their usual activities<sup>18</sup>



[Click here](#) to learn  
more about Long COVID  
on the CDC's website

 **Pfizer** / BIONTECH

# Possible serious side effects

Severe allergic reactions after COVID-19 vaccination are rare but can happen. This is why your child is monitored for at least 15 minutes after receiving the shot.<sup>19,20</sup>

*If your child has a severe allergic reaction after leaving the vaccination site, call 911 for immediate medical care.*

## **Risk of myocarditis and pericarditis after Messenger Ribonucleic Acid (mRNA) COVID-19 vaccination<sup>21</sup>**

According to the CDC, myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the outer lining of the heart) have rarely been reported. The cases reported have been in adolescent and young adult males and have occurred:

- More often after the second dose
- Usually within a week of vaccination

Seek medical care if you or your child has any of the specific or general symptoms of myocarditis or pericarditis, especially if it's within a week after receiving a COVID-19 shot:

- Chest pain
- Shortness of breath
- Feelings of having a fast-beating, fluttering, or pounding heart

# Possible side effects from COVID-19 vaccination<sup>22</sup>

According to the CDC, side effects after getting a COVID-19 shot can vary from person to person and across different age groups. Common side effects include:

## 6 months to 3 years of age

- Pain on the leg or arm where the shot was given
- Swollen lymph nodes
- Irritability or crying
- Sleepiness
- Loss of appetite

## 4 to 17 years of age

- Pain, swelling, and redness on the arm where the shot was given
- Tiredness
- Headache
- Muscle or joint pain
- Chills
- Swollen lymph nodes



# Vaccination plays an important role in helping to protect against COVID-19

This season's COVID-19 shots are designed to help protect against recent variants<sup>6,23,24</sup>

- They train the immune system to recognize and help fight against recent variants of COVID-19
- They can help protect against COVID-19—a cause of serious illness and hospitalization<sup>6,7,25</sup>

Staying up-to-date with vaccinations  
is an important step in helping protect  
children from COVID-19



# For most children, COVID-19 vaccines should be available at no out-of-pocket cost.<sup>26\*</sup>

\*Eligible uninsured/underinsured children can receive a COVID-19 vaccine at no cost through the Vaccines for Children (VFC) program at participating providers, but there may be other costs for the visit or additional services.

VFC Questions and Answers for Parents: [www.cdc.gov/vaccines/programs/vfc/parents/qa-detailed.html](https://www.cdc.gov/vaccines/programs/vfc/parents/qa-detailed.html)



# Ask your doctor today about getting this season's updated COVID-19 shot<sup>1</sup>

Find a vaccine option by Pfizer & BioNTech at [ScheduleCovidVax.com](https://www.schedulecovidvax.com)

## REFERENCES

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