



HELP PROTECT YOURSELF AGAINST PNEUMOCOCCAL PNEUMONIA

When You Live with Asthma

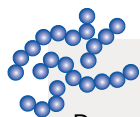
Why am I at risk for pneumococcal pneumonia?

Because you are living with asthma, compared to healthy adults aged 18 to 49, your risk of pneumococcal pneumonia increases

5x if you are 18 to 49

17x if you are 50 to 64

31x if you are 65 to 74



What is pneumococcal pneumonia?

Pneumococcal pneumonia is a potentially serious lung disease caused by bacteria. It can

- Strike any time of year, anywhere
- Make it hard to breathe
- Land you in the hospital in serious cases, or even be life-threatening

How can I help protect myself?

Getting vaccinated is one of the best ways to help protect yourself! That's because getting a pneumococcal vaccine helps the immune system produce antibodies that help protect against certain pneumococcal bacteria that can cause disease.



The Centers for Disease Control and Prevention recommends that adults with chronic lung disease, including asthma, get vaccinated against pneumococcal pneumonia.



What if I got a pneumonia shot already?

Even if you already received a pneumonia vaccine in the past, a different vaccine may be recommended.

Talk to Your Pharmacy Team to Schedule Your Pneumococcal Vaccine Today!

Scheduled Visit Date: _____ Time: _____

Vaccine: _____

Notes: _____



Scan the QR code for more information or visit www.knowpneumonia.com

KNOW PNEUMONIA



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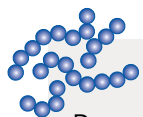
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